

Spackenkill High School January 2019 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Served Daily</u> Peanut Butter & Jelly Deli Turkey Sandwich Ham & Cheese Sandwich Tuna Salad Sandwich Homemade Hummus w/bagel Garden Salad w/chicken or cheese Yogurt Parfait</p>	<p>1</p> <p style="font-size: 2em; font-weight: bold;">WINTER RECESS</p>	<p>2</p> <p>Season Chicken w/rice OR Pizza Bagel Fresh Romaine Salad Fresh Seasonal Fruit & Milk</p>	<p>3</p> <p>Pizzeria Slice OR Chicken Pattie Homemade Split Pea Fresh Seasonal Fruit & Milk</p>	<p>4</p> <p>Mexican Taco (3) OR Toasted American Cheese Sandwich Baby Carrots Homemade Tomato Soup Fresh Seasonal Fruit & Milk</p>
<p>7</p> <p>Cheeseburger w/oven fries OR Pizza Bagel Lima Bean Fresh Seasonal Fruit & Milk</p>	<p>8</p> <p>Chicken Fajita OR Meatball Sub OR Baked Potato w/cheese topping Steamed Cauliflower Fresh Seasonal Fruit & Milk</p>	<p>9</p> <p>Pasta w/meat sauce OR Mozzarella Sticks w/garlic bread Fresh Spinach Salad Fresh Seasonal Fruit & Milk</p>	<p>10</p> <p>Pizzeria Slice OR Chicken Pattie Homemade White Bean Soup Fresh Seasonal Fruit & Milk</p>	<p>11</p> <p>Mexican Taco (3) OR Toasted American Cheese Sandwich Baby Carrots Homemade Pumpkin Soup Fresh Seasonal Fruit & Milk</p>
<p>14</p> <p>Cheeseburger w/oven fries OR Pizza Bagel Spicy Water chestnuts Fresh Seasonal Fruit & Milk</p>	<p>15</p> <p>Roast Turkey w/rice OR Meatball Sub Sweet potato Fresh Seasonal Fruit & Milk</p>	<p>16</p> <p>Pasta w/meat sauce OR Mozzarella Sticks w/garlic bread Steamed broccoli Fresh Seasonal Fruit & Milk</p>	<p>17</p> <p>Pizzeria Slice OR Chicken Pattie Homemade Lentil Soup Fresh Seasonal Fruit & Milk</p>	<p>18</p> <p>Mexican Taco (3) OR Toasted American Cheese Sandwich Baby Carrots Fresh Beets Fresh Seasonal Fruit & Milk</p>
<p>21</p> <p>Martin Luther King Day</p>	<p>22</p> <p style="font-size: 1.5em; font-weight: bold;">REGENTS</p>	<p>23</p> <p style="font-size: 1.5em; font-weight: bold;">REGENTS</p>	<p>24</p> <p>Pizzeria Slice OR Chicken Pattie Homemade Creamy Garbanzo Fresh Seasonal Fruit & Milk</p>	<p>25</p> <p>Mexican Taco (3) OR Toasted American Cheese Sandwich Baby Carrots Tomato & basil salad Fresh Seasonal Fruit & Milk</p>
<p>28</p> <p>Cheeseburger w/oven fries OR Pizza Bagel Green Peas Fresh Seasonal Fruit & Milk</p>	<p>29</p> <p>Roast Turkey w/rice OR Meatball Sub Sweet potato Fresh Seasonal Fruit & Milk</p>	<p>30</p> <p>Pasta w/meat sauce OR Mozzarella Sticks w/garlic bread Steamed Escarole Fresh Seasonal Fruit & Milk</p>	<p>31</p> <p>Pizzeria Slice OR Chicken Pattie Homemade Split Pea Fresh Seasonal Fruit & Milk</p>	<p><i>Menu is subject to change due to product availability or unforeseen circumstances</i></p> <p>This institution is an equal opportunity provider</p>